

University School of Ayush

Data for Annual Report

2023-24

The University School of Ayush was established as a new school of study in Guru Gobind Singh Indraprastha University on 28th April 2023. The school aims to provide education and research opportunities to students (at undergraduate and post-graduate levels) and facilitate them to understand and master the profound knowledge of ancient Indian systems of medicine. Five institutes functioning under the Ministry of Ayush have their undergraduate and post-graduate programs affiliated to the university. These include highly reputed National and Government of Delhi institutes.



Together with these institutes the school aims to provide an ecosystem in which holistic education in the fields of Ayurveda, Yoga, and Naturopathy, Unani, Siddha and Homoeopathy can be imparted. These institutes offer **undergraduate programs** and **post graduate programs**. Young professionals are encouraged and motivated to undertake research and innovate so that they can meaningfully contribute in serving the society and the nation by applying the ancient medicine system. The mission of the school is therefore to generate a scholarly community of professionals that can ensure optimal development and propagation of the Ayush systems of healthcare.

The School is currently headed by Prof. (Dr.) Meenu Kapoor and Prof. (Dr.) Neeraj Gupta from Dr. B.R. Sur Homeopathic Medical College, Hospital and Research Centre is serving as the Nodal officer. The school is guided by renowned professionals in the field of Ayurveda, Unani, Homeopathy, Yoga and Naturopathy.



Prof. (Dr.) Meenu Kapoor
Dean
University School of Ayush



Prof. (Dr.) Neeraj Gupta
Principal/HOD, MS
Dr. B.R. Sur Homeopathic Medical College,
Hospital and Research Center.
Nodal officer, School of Ayush



Prof. Saiyad Shah Alam
Director

Dr. Neeraj Gupta
Principal/HOD

Prof.(Dr.) Manu Bhai Gaur
Director-Principal



Dr. Kashinath Samagandi
Director

Dr. Pralay Sharma
Director In-charge

Programs Offered			
Undergraduate Programs			
S.No	Courses	Name of Institution	Intake
1	Bachelor of Ayurvedic Medicine & Surgery (B.A.M.S)	Chaudhary Brahm Prakash Ayurved Charak Sansthan, Sansthan, Khera Dabar Najafgarh, N.D.-110073	125
2	Bachelors of Homoeopathy Medicine and Surgery (B.H.M.S)	Dr.B.R. Sur Homeopathic Medical College, Hospital and Research Centre Moti Bagh, N.D.110021	63
3	B.Sc. (Yoga Science)	Morarji Desai National institute of Yoga, 68, Ashoka Road, New Delhi 110001	30
Postgraduate Programs			
1	Post Grauate Diploma in Yoga Therapy for Medical and Paramedical Graduates	Morarji Desai National institute of Yoga, 68, Ashoka Road, New Delhi 110001	20
2	MD Ayurveda-Kayachikitsa	Chaudhary Brahm Prakash Ayurved Charak Sansthan, Sansthan, Khera Dabar Najafgarh, New Delhi-110073	8
3	MD Ayurveda-Panchkarma		6
4	MD Ayurveda-kriya sharir		7
5	MD Ayurveda-Rachna Sharir		8
6	MD Ayurveda-Roganidan evum Vikriti Vigyan		7
7	MD Ayurveda-Swasthavritta		
8	MD Ayurveda-Dravyaguna Vigyan		
9	M. Sc. (Yoga Science)	Morarji Desai National Institute of Yoga, Sansthan, Khera Dabar Najafgarh, N.D.-110073	30
10	MD Homoeopathy Materia Medica	(1)Dr.B.R. Sur Homeopathic Medical College, Hospital and Research Centre Moti Bagh (West), Delhi 110021	3
11	MD Homoeopathy Practice Of Medicine	(2)National Institute of Homoeopathy,(Delhi) V35V+8R8, Sector A5, Narela, Delhi, 110040	3
12	MD Homoeopathy Philosophy	National Institute of Homoeopathy,(Delhi) V35V+8R8, Sector A5, Narela, Delhi, 110040	
13	MD Homoeopathy Repertory		
14	MD Homoeopathy Pharmacy		
15	MD Homoeopathy Pediatrics		
16	MD Homoeopathy Psychiatry		
17	MD Unani Moalajat (Medicine)	National Institute of Unani Medicine Rajnagar, Kamla Nehru Nagar, Ghaziabad, Uttar Pradesh 201002	
18	MD Unani Ilmul Advia (Pharmacology)		
19	MS Unani Qabalat wa Amraze Niswan (Obstetrics & Gynaecology)		
20	MD Unani Ilaj Bit Tadbeer (Regimenal Therapy)		
21	MS Unani Ilmul Jarahat (Surgery)		
22	MD Unani Mahiyatul Amraz (Pathology)		
23	MD Unani Ilmul Saidla (Pharmacy)		

Academic activities/events and achievements of students and faculties in the year 2023-24 from different Ayush institutes are summarised below.

Morarji Desai National Institute of Yoga

Morarji Desai National Institute of Yoga (MDNIY) is an autonomous organization registered under the Societies Registration Act, 1860, and functioning under the Ministry of Ayush, Govt. of India. MDNIY came into existence on 01.04.1998 by upgrading the erstwhile Central Research Institute for Yoga (CRIY) which was established in the year 1976. MDNIY is a focal institute for the planning, training, promotion, coordination, and development of yoga education, training, therapy, and research in all its aspects. **The institute offers Undergraduate (B.Sc. Yoga), Postgraduate (M.Sc. Yoga), and Postgraduate Diploma for Medicos and Para medicos (PGDYTMP) in affiliation with Guru Gobind Singh Indraprastha University (GGSIPU), Dwarka.** The institute received affiliation for the B.Sc. Yoga course in 2012, and for the M.Sc. Yoga and PGDYTMP courses in 2019.

Conferences/ Webinars/Seminars Organized by MDNIY (01.04.2023 to 30.03.2024)

1. Details of the Programme(s) offered by the institute:

S. No	Name of the Programme	Duration	Sanctioned Intake	Total Strength (Semester wise)
1.	B.Sc. Yoga	3 Years	30	30
2.	M.Sc. Yoga	2 Years	30	30
3.	PGDYTMP	1 Years	20	20

2. Publications by faculty members:

a) Articles in research journals

Kandhan, S. L. (2023, June). Effect of cyclic meditation on healthy and non-healthy individuals: A systematic review. Journal for ReAttach Therapy and Developmental Diversities, 6(7s), 1056–1062. <https://doi.org>.

Kandhan, S. L. (2023). Effect of yoga on stress management in healthcare professionals: A systematic review. Journal of Complementary and Alternative Medical Research, 22(3), 17–27. <https://doi.org/10.9734/JOCAMR/2023/v22i3100191>.

Kandhan, S. L. (2023, June). Effect of yoga on management of migraine: A systematic review. Journal of Yoga and Physiotherapy, 10(4), 1–8. <https://doi.org/10.19080/JYP.2023.10.555793>

Kandhan, S. L. (2023). Effect of nostril breathing manipulation on cognition of students: A meta-analysis. *Journal of Physical Education, Recreation and Sports in Science & Technology*, VII(1), 148–155.

Kandhan, S. L. (2023). Relaxation techniques and muscle fatigue: A meta-analytic review. *Journal of Physical Education, Recreation and Sports in Science & Technology*, VII(1), 156–160.

Dubey, A. K. (2024). The logical conclusion of Karmayoga philosophy of the Bhagavadgītā. *Sanskrit Vimarsha*, 23, 335–348. ISSN: 0975-1769

Tyagi, P. Dubey, A. K. Pal, R. (2023). Effect of prāṇāyāma as per Trishikhibrahmana Upanishad on sleep quality in adults: An experimental study. *Indian Journal of Physical Therapy and Research*, 5(1), 77–83. ISSN: 2666-3481.

b) Book chapters

Rao, S. & Pal, R. (2024). Exploring the multidimensional health effects of Yogasana: a comprehensive overview, *Exploring the Health Benefits and Diverse Dimensions*. IntechOpen, 1-13.
<https://doi.org/10.5772/intechopen.1005096>

Dubey, A. K. (2023). *Sūryanamaskār evam Nāḍīśodhana prāṇāyāma*. In SOL, Delhi University (Ed.), *[Yoga: Darshan Evam Kriyayoga]*. Delhi University. ISBN: 9789395774741

Dubey, A. K. (2023). *Asana: Sāmānya paricaya* [General introduction to Asanas]. In SOL, Delhi University (Ed.), *Yoga: Darshan Evam Kriyayoga*. Delhi University. ISBN: 9789395774741

Dubey, A. K. (2023). *The essence of Bhagavadgītā: Bhaktiyoga (Śrī Rāmānujāchārya)*. In Institute for Science and Spirituality (IKS Research Centre, ISKCON Delhi) (Ed.), *Philosophy of Vaishnav Vedant*. Institute for Science and Spirituality. ISBN: 978-93-100-0084-9

Dubey, A. K., & Singh, U. (2024). *श्रीमद्भगवद्गीता में भक्ति का स्वरूप* In *Karmayogi*. Satyam Publishing House, New Delhi ISBN: 978-93-5909-954-5.

5. Seminars/ Workshops/ Conference/ Symposium attended by Faculty:

Dr. S. Lakshmi Kandhan

- Successfully completed four-week Faculty Induction / Orientation Programme for “Faculty in Universities / Colleges / Institutes of Higher Education,” organized by the Teaching Learning Centre, Ramanujan College, University of Delhi, under the aegis of the Ministry of Education and Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching, held from 22nd July to 20th August 2023, and secured a Grade A+.
- Invited as a Resource Person to deliver a talk on “Y-Break at Workplace” for the employees of the Khadi and Village Industries Commission (KVIC) on 28th July 2023 through an online platform.

- c. Invited Speaker in a panel discussion on the theme “Health & Sports Performance Optimization through Yoga” at the BRICS Conference on Exercise & Sports Science, organized by the Manav Rachna International Institute of Research and Studies, held from 26th to 29th February 2024.
- d. Invited as a Resource Person in a Professional Development Program on the topic “Tune your Spine without Strain through Yogasana,” organized by the Faculty of Yoga Science and Therapy, Meenakshi Academy of Higher Education and Research (MAHER), Chennai, on 25th March 2024.
- e. Participated in National Workshop on Patanjala Yogasutra (Samadhi Pada), conducted from 3rd to 8th October 2023, organized by the Morarji Desai National Institute of Yoga in association with the Inter-University Centre for Yogic Sciences, Bengaluru.
- f. Presented a research paper titled “Influence of Yogasana on Spinal Health” at the National Conference on the Relevance of Yoga Education in the Present, held on 27th and 28th March 2024. The event was organized by the Department of Yoga Science and Naturopathy, Mahapurusha Srimanta Sankaradeva Viswavidyalaya (Guwahati Unit), Assam, and sponsored by the Inter University Centre for Yogic Sciences (IUCS), Bengaluru.
- g. Presented a research paper on “Role of Yoga in the Management of Knee Pain” at the National Conference on Yoga – A Scientific Pathway to Health and Happiness, held on 21st and 22nd January 2023. The conference was jointly organized by the Department of Yoga, Tamilnadu Physical Education and Sports University, Narchinthanai Vattam, and the Tamilnadu Chapter of the Indian Yoga Association.

Dr. Arpit Kumar Dubey

- a. Delivered an invited lecture titled "Concept of Yoga and Ancient Yoga Texts" at a national event on March 1, 2024 at IGNTU, Amarkantak.
- b. Presented a lecture on "Value Education in Indian Philosophy" during the Refresher Course on Cultural & Value Education (ID) organized by HRDC, HPU, Shimla on September 1, 2023.
- c. Presented a research paper entitled "Chitta Parikarma: A Holistic Yogic Vision for Harmonized Society" at a national Seminar on March 19, 2024, at the Department of Philosophy, Lakshmibai College, University of Delhi.
- d. Invited lecture titled "Yoga for Health, Happiness, and Harmony" at the UGC-Human Resource Development Centre, DAVV Indore, M.P. on March 21, 2023.
- e. Delivered a lecture on "श्रीमद्भगवद्गीता योगः समग्र स्वास्थ्य की कुंजी" at the Faculty & Department of Yoga, Indira Gandhi National Tribal University (M.P.), On May 13, 2023.
- f. Delivered an invited lecture titled "Yoga for Health, Happiness, and Harmony" as part of the Faculty Induction Programme (FIP-12) organized by HRDC, HPU, Shimla on September 20, 2023.

6. Seminars/ Workshops/ Conference/ Symposium organized by the School /Department:

Special lectures

- a. Dr. Sudipta Saha, Associate Professor, Department of Biotechnology, Sister Nivedita University, Newtown, Kolkata **Male Reproductive Health**, 07th July, 2023 New Delhi
- b. Dr. Shashikant Dwivedi, Associate Professor, Department of Vaidic Darshan, Faculty of Sanskrit Vidya Dharma Vijnan Banaras Hindu University, Uttar Pradesh **सांख्य एवं योग का समत्व**, 14th July, 2023 New Delhi

- c. Shri Pankaj Munjal Life-Skill Coach & Former Director, Training & Development, RV Institute of Technology, Uttar Pradesh **Self-Awareness for Excellence** 21st July, 2023 New Delhi.
- d. Prof. Renu Sharma Consultant (Retail) Footwear Design & Development Institute (FDDI) Ministry of Commerce & Industry, Govt. of India, **A Conversation about Freedom from Fear** 28th July, 2023 New Delhi.
- e. Prof. Sharad Sinha, Head Dept. of Teacher Education NIE, NCERT New Delhi **Revitalising Education: Empowering Students through Yoga** 04.08.2023 New Delhi.
- f. Shri Pankaj Munjal, Life-Skill Coach & Former Director, Training & Development, RV Institute of Technology, Uttar Pradesh **Value-Based Decision Making** 11.08.2023 New Delhi.
- g. Shri Rajesh Kumar Singh, Former Assistant Director & Centre Incharge Translation Training Centre, Navi Mumbai Official Language Department, Ministry of Home Affairs, New Delhi **'देश के विकास में हिंदी भाषा की भूमिका'** 18th Aug, 2023 New Delhi.
- h. Shri Amarendra Kishore, Executive Editor, Development Files New Delhi **Rehabilitation, Resettlement and Yoga** 25th August, 2023, New Delhi.
- i. Prof. Rahul Garg Department of Computer Science and Engineering, Former Head, National Resource Centre for Value Education in Engineering, Indian Institute of Technology, Delhi **Exploring Yoga Nidra from a Scientific Lens** 15th September, 2023 New Delhi.
- j. Dr Surakshit Goswami, Chief Spiritual Officer, The Times of India Group **Nurturing Student Values through Yoga** 22nd September, 2023 New Delhi.
- k. Ms Shubham Srivastav, Dance Movement Therapy (DMT) Facilitator, New Delhi **Dance Movement Therapy** 29th September, 2023 New Delhi.
- l. Shri Arun Dubey, Indian Classical Vocalist, Naad Yoga Scholar, Music and Mantra Therapist **The Healing Power of Sound and Musical Mantras: Exploring the essence of Nadd Yoga** 6th Oct. 2023 New Delhi.
- m. Shri Arun Dubey, Indian Classical Vocalist, Naad Yoga Scholar, Music and Mantra Therapist **Naad Yoga and Mental Health** 13th October, New Delhi.
- n. Dr Raghvendra Naik, Research Officer (Ayurveda) Ayush Department, Bureau of Indian Standards, New Delhi **Yoga and Ayurveda** 20th October, 2023 New Delhi
- o. Dr. Ravindra Kumar, Padama Shri Awardee, Sahityavachaspati, Former Vice Chancellor of CCS University, Meerut (UP); Ombudsman, Swami Vivekananda Subharti University, Meerut; Chief Editor, Global Peace International Journal **भारतीयता, भारत की एकता और सरदार वल्लभभाई पटेल** 27th October, 2023 New Delhi.
- p. Dr. Ravindra Kumar, Padama Shri Awardee, Sahityavachaspati, Former Vice Chancellor of CCS University, Meerut (UP); Ombudsman, Swami Vivekananda Subharti University, Meerut; Chief Editor, Global Peace International Journal **मोरारजी भाई देसाई: योग और सदाचार को समर्पित एक आदर्श जीवन** 7th November, 2023 New Delhi.
- q. Professor Om Lata Bhagat, Department of Physiology All India Institute of Medical Sciences, Jodhpur, Rajasthan **Yogic Practices to Achieve Health: Physiological Aspect** 8th December, 2023 New Delhi.
- r. Dr. Sanjeev Panchal, Assistant Director (Research), Bharatiya Vidya Prayojana (BVP), Indira Gandhi National Center for the Arts (IGNCA), Ministry of Culture **Pātāñjala Yoga: Exploring Intellectual and Spiritual Dimensions** 22nd December, 2023 New Delhi

Workshop

1. MDNIY Organized a National Workshop on Patanjala Yoga Sutra (Samadhi Paad) from 3rd October, 2023 to 08th October, 2023, in which Prof. Krishnakant Sharma, Former Professor, Department of Vaidik Darshan, SVDV Faculty, Banaras Hindu University, Varanasi.

10. Extra Co-curriculum Activities like Festivals/Annual Meets Organized by the School/Department:

1. Several cultural and sports activities were organised that contributed to the holistic development of the students.

2. MDNIY celebrated "Azad Saptah" from 23rd July 2023 to mark 112th birth anniversary of Chandra Shekhar Azad, a prominent freedom fighter of India. The event included various competitions, special lecture session, tree plantation drive, and blood donation camp, with active participation from students and staff members.
3. From 11th to 13th October, 2023, MDNIY hosted a student sports tournament featuring a range of events, including Yogasana, table tennis, badminton, chess, and others. The tournament provided a platform for students to showcase their talent and fostered a spirit of healthy competition.
4. MDNIY students also participated in various sports events at GGSIP University, where they delivered outstanding performances across multiple disciplines. The students excelled in basketball, volleyball, tug of war, and kabaddi, securing a bronze medal in the 5km marathon (girls' category). They further demonstrated their excellence by winning gold medals in Yogasana in both the male and female categories.
5. Additionally, on 9th November 2023, MDNIY organised the Diwali celebration programme, "Deep-otsav-2023," under the Pancham Swar initiative, which was attended by students and staff members, creating a festive atmosphere on the campus.

Dr. B.R Sur Homoeopathic Medical College, Hospital and Research Centre

Dr. B.R Sur Homoeopathic Medical College, Hospital and Research Centre is a pioneer homoeopathic institution situated in Nanak Pura, Moti Bagh, New Delhi. The vision of the institute is to heal and cure the suffering humanity with compassion and care. The institute aims to be recognized as a premier homoeopathic institution in medical education and research and be a center of excellence in homoeopathic health care services, medical education, and research. It was established in November 1985 by Dr. B.R Sur, a great philanthropist and a leading Homoeopath of Delhi. Presently, the hospital is running with the capacity of 50 indoor patient beds and all basic medical facilities. All services, including medicines are provided to the public free of cost. It provides health care through General OPDs and special clinics in paediatrics, geriatrics, gynaecology and family planning, lifestyle disorders, Thyroid Disorders, psychiatry, arthritis, respiratory disorders, skin diseases, renal stones, eye, ENT, and physiotherapy.

The college is affiliated to Guru Gobind Singh Indraprastha University and is recognized by The National commission for Homoeopathy. The annual sanctioned intake for the BHMS course is 63 students and for MD(Homoeopathy) is 06 seats in two (02) subjects.

3. Details about New facilities in the School/Center/Department:

S. No	Facility	Details of the Facility
1.	Two Classrooms constructed	Furnished with lockers and Smart Board
2.	Auditorium	Renovation is on going
3.	Procurement of X-Ray machine	Facility has been started since January 2024
4.	Renovation of the PG department	Class rooms are being made air-conditioned
5.	Computerized registration counter	Installed

4. Publications by faculty members:

c) Articles in research journals

1. Aurum muriaticum natronatum in treatment of uterine fibroids: a randomised trial
Journal of applied sciences and clinical practice 2023;4: 31-40.
2. Homeopathic Medicines in Second Wave of CoVID 19: Prognostic Factor Research
Homeopathy. 2023 Feb;112(1):12-21
3. Post-CoVID-19 Inappropriate Sinus Tachycardia Treated with Naja tripudians: A Case Repot
Homæopathic Links 2023; 36(01): 049-057

d) Book chapters

<p>Dr. Archana Narang (Reviewer)</p> <p>Drug Monograph of Syzygium Jambolanum</p> <p>Published by CCRH, Ministry of AYUSH, Govt of India in March 23.</p>
<p>Dr.Rajeev Nair(Reviewer)</p> <p>Drug Monograph of Cephlandra Indica</p> <p>Published by CCRH, Ministry of AYUSH, Govt of India in March 23.</p>

5. Seminars/ Workshops/ Conference/ Symposium attended by faculty:

S. No.	Name of faculty	Details of Workshop/ Organizers	Date/Duration	Place
1.	Dr. Neeraj Gupta	Administration for Directors/Medical Directors/ Medical Superintendents of Delhi Government” in collaboration with Min of H & FW & NIHFW	04.12.2023 to 08.12.2023 05 Days	New Delhi
2.	Dr. Neeraj Gupta Dr. Sandhya Rastogi Dr. Rajeev Nair Dr. Amar Bodhi Dr. Prabir Manna	23Competency based Dynamic curriculum(CBDC) training program to be held at Bakson Homoeopathic Medical College & Hospital Greater Noida, Uttar conducted by National Commission for Homoeopathy	02.03.2023 01 Days	Greater Noida
3.	Dr. Neeraj Gupta Dr. Satya Jain Dr. Archana Narang Dr. Mukesh Chawla Dr. Sandhya Rastogi Dr. Rajeev Nair Dr. Amar Bodhi Dr. Prabir Manna	WHD in Vigyan Bhavan New Delhi organised by Central council for research in Homoeopathy	09.04.2023 to 10.04.2023 02 Days	New Delhi
4	All Faculty Members	AFP/MR/PI Surveillance Sensitization Workshop is being organized in this Institution by WHO Country office for India.	03.05.2023 01 Days	New Delhi
5	All Faculty Members	Directorate of Ayush Organized trauma training from 10th July at Tibbia College	10.07.2023 to 14.07.2023 04 Days	New Delhi

6	Dr. Satya Jain Dr. Archana Narang Dr. Sandhya Rastogi Dr. Rajeev Nair Dr. Prabir Manna Dr. S.N. Jana Dr. R.C. Bawiskar	training programme for creating a pool of qualified inspectors/assessors to conduct an inspection for rating and permission process. Bye National accreditation board for education and training Quality Council of India in NCH Auditorium,	30.01.2024 to 31.01.2024	New Delhi
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6. Seminars/ Workshops/ Conference/ Symposium organized by the School /Department:

1. Seminar on BMW Guidelines 2016 with amendments, Hand hygiene was held on 06/01/2023 for Doctors, House physicians, BHMS interns, paramedical staff, nursing officers, nursing orderlies, and sanitation staff. It was attended by 37 delegates.
2. Training on Biomedical waste management guidelines held on 15/03/2023, for Doctors, House physicians, paramedical staff, nursing officers, nursing orderlies, and sanitation staff. It was attended by 9 delegates.
3. Seminar on Biomedical waste management guidelines held on 14/3/2023 for Doctors, House physicians, paramedical staff, nursing officers, nursing orderlies, and sanitation staff. It was attended by 21 delegates.
4. Training on Biomedical waste management guidelines held on 17/4/23 to 21/4/2023 for Doctors, House physicians, paramedical staff, nursing officers, nursing orderlies, and sanitation staff. It was attended by 78 delegates.
5. Seminar on Post Exposure Prophylaxis held on 16/8/23 for Doctors, House physicians, paramedical staff, and BHMS interns. It was attended by 21 delegates.
6. Seminar on Hand hygiene held on 16/8/23 for Doctors, House physicians, paramedical staff, BHMS interns 2022. It was attended by 21 delegates.
7. Seminar on BMW Guidelines held on 16/8/23 for Doctors, House physicians, paramedical staff, and BHMS interns. It was attended by 21 delegates.
8. Seminar on Personal Protective Equipment held on 11/8/23 for Doctors, House physicians, paramedical staff, BHMS interns, nursing officers, nursing orderlies, and sanitation staff. It was attended by 39 delegates.
9. Seminar on 5S and Universal Precautions held on 11/8/23 for doctors, House physicians, paramedical staff, BHMS interns, nursing officers, nursing orderlies, and sanitation staff. It was attended by 42 delegates.
10. Seminar on Standard Cleaning Practices, held on 11/8/23 for Doctors, House physicians, paramedical staff, BHMS interns, nursing officers, nursing orderlies, and sanitation staff. It was attended by 39 delegates.
11. Distribution of cloth bags in collaboration with NGO ROSHINI was held on 14/8/23 for Doctors, House physicians, BHMS interns, paramedical staff, nursing officers, nursing orderlies, and sanitation staff. It was attended by 32 delegates.

12. Awareness program on say No to plastics in collaboration with NGO ROSHINI held on 14/8/23, for Doctors, House physicians, BHMS interns, paramedical staff, nursing officers, nursing orderlies, and sanitation staff. It was attended by 32 delegates.
13. Seminar on Standard cleaning practices held on 14/8/2023 for Doctors, BHMS interns, House physicians, paramedical staff, nursing officers, nursing orderlies, and sanitation staff. It was attended by 32 delegates.
14. Seminar on General waste management held on 14/8/2023 for Doctors, BHMS interns, House physicians, paramedical staff, nursing officers, nursing orderlies, and sanitation staff. It was attended by 32 delegates.
15. Seminar on Spill management held on 14/8/2023 for Doctors, BHMS interns, House physicians, paramedical staff, nursing officers, nursing orderlies, and sanitation staff. It was attended by 32 delegates.
16. Seminar on Shram Daan Swacchta Abhiyaan held on 1/10/2023 for Doctors, BHMS interns, Junior residents, paramedical staff, nursing officers, nursing orderlies, and sanitation staff. It was attended by 37 delegates.
17. Seminar on BMW Guidelines 2016 and amendments held on 2/11/23 for BHMS interns. It was attended by 25 delegates.
18. Seminar on Patient safety and BMW guidelines held on 2/11/23 for BHMS 1st year students. It was attended by 37 delegates.
19. Seminar on Biomedical waste management held on 28/11/23 for all staff members including PWD staff, Guards and Drivers. It was attended by 45 delegates.
20. Seminar on Biomedical waste management held on 28/11/23 for BHMS students. It was attended by 95 delegates.
21. Seminar on Biomedical waste management held on 28/22/2023 for BHMS interns. It was attended by 31 delegates.

7. Awards/ Prizes / Achievements/ Scholarship/ received by faculty:

S.No.	Name of Faculty	Year	Details of Award
1.	Dr. Neeraj Gupta	2023	Best Teacher Award
2.	Dr. K.G. Mahabole	2023	Best Teacher Award

8. Projects/ Grants/ Consultancy received by faculty:

1. Comparative effectiveness of high (above 12CH) and low (below 12CH) potencies of individualised homeopathic medicines (IHM) in treatment of warts: A multicentric, double-blind, randomized trial.

Dr.Neeraj Gupta, Dr.Neena Mehan

2. Comparative effectiveness of high (above 12CH) and low (below 12CH) potencies of individualized homeopathic medicines in treatment of plantar fasciitis: A multi-centric, double-blind, randomized trial.

Dr. Neeraj Gupta, Dr.Prabir Manna

3. Comparative effectiveness of high (above 12CH) and low (below 12CH) potencies of individualised homeopathic medicines (IHM) in treatment of Psoriasis vulgaris: A multicentric, double-blind, randomized trial

Dr.Neeraj Gupta, Dr.Neena Mehan

4. Comparative effectiveness of high (above 12CH) and low (below 12CH) potencies of individualized homeopathic medicines in treatment of pediatric upper respiratory tract infection: A multi-centric, double-blind, randomized trial.

Dr. Neeraj Gupta , Dr.Rajeev Nair

9. Awards/ Prizes/ Achievements/ Scholarship/ Projects received by students:

S.No	Name of the student	Programme	Semester/ Year	Details of Award
1.	Niharika Sapra	Short term studentship(STSH) program of CCRH.	2023-24	Scholarship of Rs. 20,000/-
2.	Titiksha Gupta	Short term studentship(STSH) program of CCRH.	2023-24	Scholarship of Rs. 20,000/-
3.	Final year Students	SDM New Delhi and Delhi State Anti-Tobacco Cell organized Cultural competition on Republic Day	2023-24	Second Prize

10. Extra Co-curriculum Activities like Festivals/Annual Meets Organized by School/Department:

S. No.	Name of Event	Duration	Details of the event
1.	Annual Cultural Festival	21.12.2023 to 22.12.2023	Various Cultural Activities and competition were held
2.	Annual Sport Day	20.12.2023	Various sports competition were held in the college premises
3.	NSV fortnight program conducted	21st November 23 to 4th December23	Counseling of Male participant for NSV
4.	Screening of children and pregnant women for anaemia and setting up of anaemia management room	01.10.2023 to 05.10.2023	In IPU Health Mela
4.	An outreach OPD started at Tamana School of Hope (NGO) for Autistic children		
5.	Family planning fortnight World Population Day	27.06.2023 to 24.07.2023	Counseling to female participant and poster making competition
6.	Lectures on various medical topics is given by the Faculty of Institute in G.G.S.I.P.U. Health Mela	05.10.2023 to 10.10.2023	Lectures and Nukkad Natak

7. Conducted training Programs for Skill Development, Disaster Management, BLS and First aid, etc for the Students and Staff in March and April 2023.

8. World homeopathic day was celebrated on 10th of April 2023 in collaboration with directorate of Ayush.

9. The preparedness of the Hospital in view of the surge in the COVID-19 was ascertained through the mock drill conducted on 11/04/23.

10.Memory screening camp for elderly was organized on 1/05/2023 in collaboration with an NGO 'Hope ek A.S.H.A.'

11. Earth day was celebrated by organizing a plantation drive of medicinal plants on 04.05.2023 by Swachhta Committee.

12. Celebrated Environment day by organising Quiz competition .

13. The International day of Yoga was celebrated in Dr B.R.Sur Homoeopathic Medical College, Hospital & Research Centre.

14. Various programs and trainings were conducted by the BMW committee throughout the year.

15. Training program on primary trauma care was attended by the faculty members, PG students and house physicians. It was conducted at the Directorate of Ayush from 10/07-14/07/2023.

16. Founder's Day was observed on 21/08/2023 organised by Cultural committee.

17. Training program on 5S and standard cleaning practices on 11.8.23 for interns, doctors, nurses and other staff members

18. Anti-tobacco campaign was organised in the OPD area on 10/06/23. Nukkad Natak was conducted on the occasion.

19. Swachhata committee organised an awareness program on Say no to plastics in collaboration with NGO Roshni on 14/08/23.

20. Role of Meditation in stress management was organised for all the students and staff members on 20/08/23.

21. Teachers day was celebrated on 5/9/23.

22. Swachhata hi seva program was conducted from first October 2023. Cleanliness drive was conducted in Mochi Gaon and its surrounding areas S.. Nukkad Natak on importance of cleanliness of the surroundings hand hygiene was also demonstrated by the PG students swachata pledge was taken and swachata walk was also done.

23. Unity day was celebrated on 31st October on the birth anniversary of Sardar Vallabhbhai Patel unity run was also organised on the occasion.

24. Vigilance week was observed from 30th October to 5th of November.

25. Anti-tobacco campaign was conducted from 18th December to 22nd December 2023.

11. Any MOU (Academic / R&D) signed by the School:

S. No.	Date of MOU	Details of MOU	Objectives of the MOU
1.	01.08.2022 to 01.04.2023	Society for endocrine healthcare for elderly adolescence and children(SEHEAC)	Collaborative research projects
2.	Ongoing	Dr. D N Dey college, West Bengal.	Collaborative research projects
3.	01.03.2019	Dr. D.P. Rastogi, CRI, Noida	Collaborative research projects for drug proving
4.	Ongoing	Deen Dayal Upadhyay Hospital, Hari Nagar, Delhi	Clinical Teaching in the subjects of Surgery, Obs and Gynae and Emergency Medicine

12. Details of Research Scholars:

- a) Total number of Ph.D. awarded during the report period :

S. No.	Name of Scholar	Title of Ph.D.	Date of final Registration	Name of Supervisor	Date of Award of Degree
1.	Dr. Amar Bodhi	Randomised Clinical trial of indicated homoeopathic medicine in fifty millesimal potencies vis-à-vis centesimal potencies in the management of essential hypertension	2017	Dr. Atul Kumar	27.08.2022
2.	Dr. Shib Narayan Jana	Anti-Streptococcus Mutans activity of leading Homoeopathic medicines for caries an in-vitro study	2015	Dr.Amiya Nanda Dev Goswami	14.08.2023

13. Industrial visits/ educational tours undertaken during the report period:

S.No.	BHMS Batch	Place of Visit	Date
1.	4 th BHMS	Sonia Vihar Water Treatment	23.03.2023
2.	4 th BHMS	Okhla Sewage Treatment Plant	24.03.2023
3.	4 th BHMS	Infectious Disease Hospital	23.08.2023
4.	4 th BHMS	Mother Dairy Plants, Patparganj, Delhi	24.08.2023
5.	Ist BHMS	M/s Dr. Willmar Schwabe India Pvt. Ltd. Noida	12.03.2024

National Institute of Homeopathy, Narela, Delhi

National Institute of Homeopathy, Delhi is a satellite institute of the NATIONAL INSTITUTE OF HOMOEOPATHY (NIH) Kolkata.

NIH Kolkata was established on 10th December 1975 in Kolkata as an Autonomous Organisation under the Ministry of Health & Family Welfare, Govt. of India. Presently, it is under the Ministry of AYUSH, Govt. of India. The Institute, affiliated to the West Bengal University of Health Sciences, presently conducts the degree course in Homoeopathy viz Bachelor of Homoeopathic Medicine and Surgery [B.H.M.S.] since 1987 and Post - Graduate course i.e. Doctor of Medicine in Homoeopathy [M.D.(Hom.)] in six subjects viz Organon of Medicine, Repertory, Materia Medica, Practice of Medicine, Paediatrics and Homoeopathic Pharmacy since 1998-99 onwards. Today it consists of an Undergraduate and Postgraduate sections with an auditorium of 800 seating capacity, a hospital having an outpatient dept. and a 100 bedded inpatients dept. along with investigative facilities. The Institute is functioning in its own campus measuring about 16 acres of land at Block - GE, Sector - III, Salt Lake, Kolkata - 700 106, with a total floor space of about 1.8 lakh square metres with effect from 11.08.1986. A 250 - seated Boys Hostel, a 70 - seated Girls Hostel and a Guest House are also available in the same campus. We also have a Staff Quarters on a plot of land measuring about 9 acres close to the Institute campus within Salt Lake (Block JC).

The mission of National Institute of Homeopathy is to foster excellence in Homoeopathic Medical Education and Research, to educate and train undergraduate, post graduate students and research scholars of

homoeopathy in accordance with highest professional standards and ethical values unfettered by the barriers of nationality, language, culture, plurality, religion and to meet the healthcare needs of the community through dissemination of knowledge and service.

Following Seminars, Workshops, Conferences, Faculty Participation, Achievements & Other Events were organised by the institute from 01 April 2023 – 31 March 2024:

SI No.	Seminars, Workshops, Conferences, Faculty Participation, Achievements & Other Events	Number Count
1.	WHD – 2024	01
2.	P.G. General Seminar's	76
3.	Pharma Co-vigilance Awareness Programme	01
4.	2 nd Foundation Day with Scientific Conviction	01
5.	Adolescent Children Programme and Health Camp	02
6.	AIPGHS 2024 Presentation Parul University “Runner up Prize in Scientific Oral Presentation”	01
7.	Other Scientific Presentation	03
8.	Publication in General	06
9.	10 th International Yoga Day	
10.	Participation in Sanyukt Rashtriya Rajbhasha Sammilan, Guwahati, Assam	01
11.	Participation in Aarogya Mela, Lucknow	01
12.	150 th Birth Anniversary of Dharti Aabha Bhagwan Birsa Munda “Janjatiya Gaurav Diwas”	01
13.	Hindi Pakhwara	01
14.	Vigilance Awareness Week 2024	01
15.	Republic Day	01
16.	Independence Day	01
17.	NCH Paryavaran Diwas	01
18.	Visit of Secretary to The Govt. of India at NIH, Delhi	01
19.	Doctor's Day	01

Chaudhary Brahm Prakash Ayurved Charak Sansthan

Chaudhary Brahm Prakash Ayurved Charak Sansthan (CBPACS) is an autonomous Ayurvedic Medical college and Hospital under the Govt. of NCT of Delhi and is registered under the Societies Registration Act 1860. The institute is named in the honor of first Chief Minister of Delhi, Late Shri Chaudhary Brahm Prakashji. The Institute is currently running a graduate program (B.A.M.S) with annual intake capacity of 100 students and post graduate programs (MD Ayurveda) in 5 departments with total 29 seats. The institute is affiliated to Guru Gobind Singh Indraprastha University, recognized by Central Council of Indian Medicine and approved by Department of AYUSH, Govt. of India.

Events and activities held in the institute from 01/04/2023-31/03/2025 are summarized below:

1. Details of Programme(s) Offered by the Institute:

SN	Name of the Program	Duration	Sanctioned Intake	Total Strength (Semester wise)
1	B.A.M.S	5 ^{1/2} Year (Including 01 year rotatory internship)	125 seats (Including EWS)	BAMS batch 2019-20 =89 BAMS batch 2020-21 =114 BAMS batch 2021-22 =121 BAMS batch 2022-23 =107
			75 seats (Including EWS)	BAMS batch 2023-24 =71 Total = 502
2	M.D. (Ayu.)	03 Year	36 seats (Including EWS)	MD(Ayu.) batch 2019-20 = 29 MD(Ayu.) batch 2020-21 = 35 MD(Ayu.) batch 2021-22 = 36
			51 seats (Including EWS)	MD(Ayu.) batch 2022-23 = 51 MD(Ayu.) batch 2023-24 = 51 Total = 202

2. Publications by faculty members:

Articles in research journals

1. Prof. (Dr.) M. B. Gaur:

1. Author's name – Dr. Manisha and prof (Dr.) M.B.Gaur, Year-2023, Title of paper – Teratogenesis in Ayurveda: Understanding the concept and its implications- A review. Journal- International Journal of advanced research, Volume-11.
2. Author's name- Dr. Tarun Arya, Dr. M.B.Gaur, Year- 2024, Title of paper- Assessment of nidra in different dehaprakriti in healthy individuals – A cross-sectional study, Journal – TuijinJishu/Journal of propulsion technology, Volume – 45.
3. Author's name- Dr. Tarun Arya, Prof (Dr.) M.B.Gaur, Year-2024, Title- Oral Therapeutics in management of shukragatavataw.s.r. to pre-mature ejaculations:A case study, Journal – International journal of biology, pharmacy and allied sciences, Volume – 13.
4. Author's name- Dr. SachinDwivedi, Prof (Dr.) M.B.Gaur, Year- 2023, Title of paper- Role of Aahar and millet in health, Journal – World journal of pharmaceuticals, Volume- 12.

2. Dr. Shalini Prakash:

1. Mayank Kumar Keshri and Shalini Prakash. Takra: An integrative review on its efficacy in irritable bowel syndrome. Int. J. Res. Ayurveda Pharm. 2024;15(1):104-107

2. Keshri M., Prakash S. Shweta, Dwivedi S. Significance of Kshirdadhi nyaya in the context of Ayurveda and Contemporary Science. World Journal of Pharmaceutical Research. Volume 12, Issue 9, 2023. 2898-2903.

3. Trapti Aggarwal:

1. As a resource person in CME for Ayurved Medical Officers organized by Shri NPA Govt. Ayurved College, Raipur, dated 11 march 2024.
2. As a participant in a training programme on Intellectual Property Rights for Ayush Fraternity organized by Rastriya Ayurveda Vidyapeeth from 29 Feb- 1 march 2024.
3. As a resource person in supraj training programme organized by PG Dept of PTSR, Rishikul Campus, UAU on 21 march 2024.
4. Presented paper in National e- conference on Cancer care in Ayurveda- A hope to future medicine organized by dept of shalyatantra , MGACHRC, Salod, Maharashtra, on 27 April 2023.
5. As a participant in a training programme on Research site standard operating procedures for clinical investigators and staff for the collaborative project under SMART program entitled” Tolerability, treatment adherence and safety of ayurvedic intervention Dhatrilauha in the management of iron deficiency anemia: an open label single arm clinical study on 27 october 2023.”
6. Presented a scientific paper on Spiritual aspect of Garbhasanskarin a national seminar “Garbhokrama” organized by DSRRAU, Jodhpur on 2-3 feb 2024.
7. As a chairperson in a scientific session in national seminar “Garbhokrama” organized by DSRRAU, Jodhpur on 2-3 Feb 2024.

4. Dr. Pooja Sabharwal

Pooja Sabharwal Geetanjali Himani Kanu	Feb'23	Ancient wisdom of embryology- A Scientific Elucidation in Purview of Epigenetics.	Published in journal of Human anatomy	07(1)
Pooja Sabharwal Priyanka Bhardwaj	March 23	Matrija Bhava: Scientific Explanation and its Research Potential	Annals of Ayurvedic Medicine	4(12)
Pooja Sabharwal Jagjeet Singh	June 2023	Relevance of Marma Sharira in Contemporary Science : A Scientific Review	Journal of Ayurveda by Wolters Kluwer- Medknow	5(17)
Pooja Sabharwal Priyanka Bhardwaj	June 2023	Vulnerability Assessment of Maternal Factors (Matrija Bhava) for the Causation of Metabolic Disorders in Childhood (0-6 Years): A Cross- Sectional Study	Journal of Integrated Health Sciences by Wolters Kluwer- Medknow	7(11)
Pooja Sabharwal Ishant	Aug' 2023	Evolution of Tools for Scientific Validation of Ayurveda in Amalgamation with Artificial Intelligence-A Review.	Future Health	3 (1)

- ❖ Traditional Indian Medicine & World's Economical Growth @G20- A Review by Chaukhambha Orientalia.

5. Dr. Mahesh Kumar:

Kumar Mahesh, 2024, Effects of Inadvertent Oral Ingestion of Jatyadi Oil: A Case Report. Ayushdhara Journal, 20-03-2024 (Accepted)

6. Dr. Yogesh Kumar Pandey:

1. Sushma Upadhyay, Yogesh Kumar Pandey. 2023, Ayurvedic Approach To Diagnosis of Chronic Kidney Disease W.S.R. to Pandu Rog as Vyadhi Shankar : A Scoping Review, European Journal Of Pharmaceutical & Medical Research , Vol 10 , pp507-514.
2. Sushma Upadhyay, Yogesh Kumar Pandey, 2023, Ayurvedic Management of Hydronephrotic shrunken Kidney with compromised filtration rate after shock wave lithotripsy (SWL): A Case report, Journal of Research in Indian Medicine, Vol 18, Issue 2, pp1-8.
3. Pariksha Sharma, Yogesh Kumar Pandey, Akshay Kumar, 2023, A Clinical Trial To Determine The Efficacy of Abhaya Nagar Churna In Management of Tamak Shwas ~Bronchial Asthma, International Research Journal Of Ayurveda & Yoga Vol 6, pp 17-24.
4. Dr. Swati Sandwal , Dr. Yogesh Kumar Pandey, Review Of Potential Therapeutic Effects of Millets in Metabolic Disorders, 2024, European Journal of Biomedical & Pharmaceutical Sciences, Vol11, Issue 1, pp-237-241.
5. Dr. Priyanka, Dr. Yogesh Kumar Pandey, 2024, Comparative Clinical Study To Evaluate Efficacy of Darvayadi Kwath & Trifala Kwath Improving PASI SCORE in Management of Ekakushtha (~Plaque psoriasis), Journal of Emerging Technologies & Innovative Research, Volume 11, Issue 1.
6. Sushma Upadhyay, Yogesh K. pandey, 2024, Efficacy of Herbal Formulation in stage -5 Chronic Kidney Disease: A case study, Journal of Indian System of Medicine, Vol11, Issue 4, pp239-243.

7. Dr. Jitesh Verma:

- i. "A Critical Review on the Scope of Management of Academic Stress in Adolescents with SattvavajayaChikitsa (Ayurved Psychotherapy)" Pandey VB, Rath R, Pandey S, & Verma Jitesh, (2023). International Journal of Ayurvedic Medicine, 14(1), 50–56.
- ii. "Comparative Efficacy of Therapeutic Panchkarma Procedures in Children with Cerebral Palsy" Rath R, Rath B, VB P, Verma Jitesh, & Khedekar S. (2023) International Journal of Ayurvedic Medicine, 14(1), 173–179
- iii. "Memory, Nootropics and Ayurveda- A Critical Appraisal: Life Sciences-Ayurveda." Verma Jitesh, Rath R, Ibamedabha, Anamika, Rath B, & Pandey V. International Journal of Life Science and Pharma Research, 13(5) 2023, L30-L41
- iv. "Management of neuromyelitis optica through Ayurveda:- a case report." Verma J, Anamika, Bhoyar B. AYU (An International Quarterly Journal of Research in Ayurveda) [44\(2\):p 66-72, Apr-Jun 2023.](#)

8. Prof. (Dr.) Bharat Bhoyar:

- i. "A Critical Review on the Scope of Management of Academic Stress in Adolescents with SattvavajayaChikitsa (Ayurved Psychotherapy)" Pandey VB, Rath R, Pandey S, & Verma Jitesh, (2023). International Journal of Ayurvedic Medicine, 14(1), 50–56.
- ii. The manuscript of "Review Article on Cerebral palsy" has been accepted by Advanced Research Publications Pvt. Ltd under Health Sciences Journals.
- iii. "Management of neuromyelitis optica through Ayurveda:- a case report." Verma J, Anamika, Bhoyar B. AYU (An International Quarterly Journal of Research in Ayurveda) [44\(2\):p 66-72, Apr-Jun 2023.](#)
- iv. "A Scientific Exploration of Psychological Development of Fetal Origin in Purview of Ayurveda" Neha Diwedi, Pooja Sabharwal, Rima Dada, Bharat Bhoyar published in AYUHOM, Volume XX, Issue X, (AYUHOM_6_22_R2_RA)
- vi. Participated as an expert in "National Workshop on Development of Protocol for Pediatric Panchkarma" organized by the National Institute of Ayurveda, Jaipur from 15 - 16 September 2023.

e) Full papers in the conference proceedings

1. Dr. Pooja Sabharwal

Sr. No.	Author(s) Name	Year	Title of the paper	Name of conference proceeding	Page no.
1.	Pooja Sabharwal	June'23	Showcasing Ayurveda	International Health & Wellness EXPO 2023	
2.	Pooja Sabharwal Kanu Sharma Umakant Tiwari	June'23	Quality Education for Sustainable Development	Arogya Sangoshthi	
3.	Pooja Sabharwal Kanu Sharma	June 2023	Ayurvedic Perspective of Maternal Nutrition (Rasaja Bhava), "A Procreative Factor for Healthy Progeny"- A Scientific Elucidation	Arogya Sangoshthi	
4.	Pooja Sabharwal Srishti Jidani	June 2023	A Pragmatic Approach to Explore the Potential Impact of Paternal Factor for Healthy Progeny in Purview of Epigenetics	Arogya Sangoshthi	
5.	Pooja Sabharwal Umakant Tiwari	June 2023	Need of Scientific rigor to explore the research potential of fundamental concepts of Rachana Sharir/A Contribution towards acclamation of Ayurveda.	Arogya Sangoshthi	
6.	Pooja Sabharwal	June 2023	A pragmatic approach to explore the potential impact of procreative factors towards public health.	Arogya Sangoshthi	
7.	Pooja Sabharwal	Sept' 2023	Health and Happiness for Sustainable Development	National Conference on Happiness and Sustainability	

2. Prof. (Dr.) Bharat Bhoyar

Invited as Resource Person for KAUMARCON 2023, a Three Days International Conference on "Recent Advances in Child Healthcare through Ayurveda" scheduled at Jodhpur, Rajasthan on dated 28th - to 30th December 2023 organized by P.G. Department of Kaumarbhritya, P.G.I.A., Jodhpur in collaboration with Ministry of AYUSH, GOI. Presented paper on the Topic- "Different Type of Bastis & Other Ayurveda Modalities in the Management of Cerebral Palsy"

c. Book chapters

1. Dr. Pooja Sabharwal

Sr. No.	Author(s) Name	Year	Title of the paper	Title of the book	Publisher	Page no.
1.	Pooja Sabharwal Priyanka Bhardwaj	Aug'2023	Regulation of gene expression by Flavonoids	Flavonoids as Nutraceuticals	Apple Academic Press	

2.	Pooja Sabharwal Geetanjali Himani Sagar	Submitted	Epigenetic potential of nutraceuticals in pulmonary and respiratory disorders in purview of ayurveda		Apple Academic Press	
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2. Dr. Mahesh Kumar

Kumar Mahesh et.al, 2023, Ancient Surgery Revolved around Rakta and Marma, Shri Dhanwantari Book Publishers, bhande Plot Chowk, Umred Road Nagpur Maharashtra, page 231-240.

3. Dr. Umesh Kumar Sapra

Published Chapter on 'Upasargaja vyadhi/ Aupasargika vyadhi' in Charak Samhita New Edition Orlando, Florida, USA by Charak Samhita Research, Training and Skill Development Centre A MoU Partner I.T.R.A. Jamnagar, Gujarat, India

5. Seminars/ Workshops/ Conference/ Symposium attended by faculty:

1. Dr. Jai Singh Yadav

SN	Name of faculty	Details of Workshop/ Organiser	Date/Duration	Place
1	Dr. Jai Singh Yadav	“Poshan Pakhwada” delivered lecturer as Resource person topic on “Concept of diet and Importance of millets” Organized by CBPACS, Delhi	01.04.2023	CBPACS, New Delhi
2		“Samskara- PG Orientation Programme” Coordinated Yoga Classes, organized by CBPACS, New Delhi	11.04.2023 to 27.04.2023	CBPACS, New Delhi
3		“9 th International Day of Yoga celebration” received certificate of Appreciation, organized by CBPACS, New Delhi	21.06.2023	CBPACS, New Delhi
4		“1 st International Conclave of Ayushshala Exposition” participated as a JURY MEMBER	25.08.2023 to 27.08.2023	India Expo Mart & Centre, Greater Noida, UP
5		“Ayurkshitija-2023” delivered guest lecture topic on “Healthy Lifestyle” organized by SGT University, Gurugram, HR	01.11.2023 to 17.11.2023	SGT University, Gurugram, HR
6		Two Day Training Programme on Intellectual Property Rights (IPR) for Ayush Fraternity, conducted programme as a coordinator, organized by RAV, Ministry of AYUSH, Govt. of INDIA	29.02.2024 to 01.03.2024	CBPACS, New Delhi

2. Dr. Pooja Sabharwal

SN	Name of faculty	Details of Workshop/Organizer	Date/Duration	Place
1.	Pooja Sabharwal	Ayurveda @G-20: Impact on World's Economical Growth-A Review	31 Sept' 2023/ 03:00 PM	Delhi
2.	Pooja Sabharwal	Ayurveda: Holistic Science of Well being for the world on Hybrid Mode	15 to 16 July 2023	Delhi
3.	Pooja Sabharwal	Ayurveda Conversation	18 Aug' 2023	Hyderabad
4.	Pooja Sabharwal	5 th Global Ayurveda Festival	1 st to 5 th December 2023	Kerala

3. Dr. Umesh kumar Sapra

1. Attended 15th CII Global MedTech Summit on 6th October 2023 at New Delhi.
2. Attended 5th Life Sciences Conclave on 17th November 2023 at New Delhi.

4. Dr. Mahesh Kumar

SN	Name of faculty	Details of Workshop/Organizer	Date/Duration	Place
1	Dr Mahesh Kumar	International Conference on "SHASHWAT AYURVEDA 2024"	18 th & 19 th January 2024	Department of Panchakarma, MGACHRC Salod (H.), Wardha, Maharashtra. Venue: Datta Meghe Auditorium
2	Dr Mahesh Kumar	National E-Conference: Cancer care in Ayurveda - A hope to future medicine (on virtual mode)	27-04-2023. 9.00 Am - 4.00PM	Department of Shalya Tantra Mahatma Gandhi Ayurved College, Hospital and Research Centre Wardha, (Maharashtra)
3	Dr Mahesh Kumar	Ayush Cares Workshop on "Primary Trauma Care (PTC)" and management	26-06-2023 (Monday 9 AM- 5 PM)	Rashtriya Ayurved Vidyapeetha (RAV) New Delhi and Life Line Foundation, At AIAC Hall Block-C Dhanwantri Bhawan Punjabi Bagh (W) New Delhi
4	Dr Mahesh Kumar	National Workshop "Ayurveda@2047" on "My contribution in Resurgence of Ayurveda and Educational Reform"	13 th -14 th May 2023	Organized by Vishwa Ayurved Parishad, at Inter University Centre for Teacher education (IUCTE) Varanasi UP

S.N	Name of Courses or trainings	Organized by	Date
1.	2 nd Online Course Research Grant Writing and Implementing a Grant Project	Department of Clinical Research and Epidemiology, ILBS (Institute of Liver & Biliary Sciences) An Autonomous society under Govt. of NCT of Delhi, New Delhi	21 st - 23 rd August 2023 (1.30 PM – 5.30 PM)

Paper presented/ Guest lecture: 12

SN	Name of conference	organized	Topic of paper/lecture	Date
1.	Name of Event: Training Program for the Paramedical staff	Medical superintendent CBPACS Khera dabar New Delhi-110073 at NS room Hospital Block.	Resource person Topic: Infection Prevention and BMW guidelines.	12-03-2024 Tuesday(1.30 PM – 2.30 PM)
2.	SAMSKARA PG ORIENTATION PROGRAM (Transformation to Proficient Scholar), of MD (Ay)/ MS(Ay) 1st Year residents (Admission batch- 2023-24) of Faculty of Ayurveda, IMS, BHU, Varanasi (Online- google meet)	Faculty of Ayurveda, Institute of Medical Sciences BANARAS HINDU UNIVERSITY VARANASI	Guest Lecture as Resource Person on topic: Introduction to Ayushman Bharat Digital Mission/ Heal by India and Heal in India.	1 st February 2024 (Thursday) from 02:00 PM to 03:00 PM
3.	"Shashwat Ayurveda 2024" International Conference on Ayurveda for Holistic Health	Department of Panchakarma, MGACH& RC, DMIHER, Wardha, MS Accredited by MCIM, Mumbai Venue: Datta Meghe Auditorium	Paper Presentation Topic: Different Treatment modalities for Avabahuk (Frozen Shoulder)	18-01-2024
4.	One day Workshop/camp on Marma Therapy, Leech therapy and Agnikarma On the occasion of 8 th National Ayurveda Day (Dhanwantari Jayanti) 2023 celebration.	Vishwa Ayurved Parishad Uttarpradesh and Arogyashala Hathras UP	Guest lecture as a resource person / expert on topic: Agnikarma and its Practical demonstration on Patients	05-11-2023 (Sunday) 10 AM- 6 PM
5.	Training Program on Hand hygiene and Spill Management for the all hospital staff including	Medical superintendent CBPACS Khera dabar New	Resource Person:	23-10-2023 Monday

	nursing staff, pharmacists, Lab technician, Panchakarma technician, attendants and housekeeping staff.	Delhi-110073 at Mini Auditorium.	Topic Hand hygiene and Spill managment	{2.00 PM – 3.30 PM)
6.	Postgraduate certificate course in Ksharasutra Therapy for PG and PhD scholars	PG department of Shalya Tantra, PGIA, Dr. SarvepalliRadhakrishnan Rajasthan Ayurved University, Jodhpur. (online mode)	Guest Lecture Topic: Ksharasutra therapy in Fistula in Ano	20-10-2023 (Friday) 11 AM – 1 PM
7.	National Workshop Cum Brainstorming on development of SoP for Breeding, Maintenance and Therapeutic application of Jalauka (Medicinal Leeches)	CCRAS-Central Ayurveda Research Institute, Bhubaneshwar & ICAR-Central Institute of Fresh water Aquaculture (CIFA) Bhubaneshwar Odisha.	Participated as an Expert lecture as Panellist on Leech Identification & Leech Farming	25 th – 26 th August 2023
8.	Orientation Session: Orientation of intern of CBPACS New Delhi	Mini Auditorium, CBPACS Khera Dabar New Delhi	As a Speaker deliver talk on topic- Infection Prevention and Biomedical Guideline	28-06-2023 (Wednesday 3-4 PM)
9.	Semi online postgraduate certificate course in ksharsutra" for PG and PhD scholars	PG department of Shalya Tantra, PGIA, Dr. SarvepalliRadhakrishnan Rajasthan Ayurved University, Jodhpur. (online mode)	Guest Lecture Topic: Ksharasutra therapy in Fistula in Ano	06 May 2023 Saturday 11 AM -1 PM
10.	National E-Conference: Cancer care in Ayurveda - A hope to future medicine (on virtual mode)	Department of Shalya Tantra Mahatma Gandhi Ayurved College, Hospital and Research Centre Wardha, (Maharashtra)	Paper Presentation: Carcinoma Rectum: Early screening and Diagnosis	27-04-2023 9 AM- 4PM
11.	SAMSKARA- PG orientation Program (Transformation to Proficient Scholar) for the MD (Ayu) scholars Batch 2023-24	Under the Aegis of CBPACS Khera Dabar New Delhi-110073 Venue: Mini Auditorium CBPACS	Guest Lecture In The Hospital: Ethics, Norms and etiquette.	20-04-2023 Thursday 11AM-12 PM

12.	Webinar-Series of webinars on different topics for the benefit of Ayurvedic students and faculty across India	Webinar, Organised by Department of Shalya Tantra, held at Faculty Of Indian Medical System, S.G.T. University Gurugram Haryana.	Guest Lecture/expert Talk as a Resource person on Topic- Agni-Karma in Ayurveda - Expedition to Execution	19-04-2023 Wednesday 11AM-12 PM (online)
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Organizing committee Member: 01

SN	Name of events	Organized by/ at	Role in event	Date
1.	AAGHAAZ 2024 Annual Sports, Cultural, Literary events CBPACS	Ch. Brahm Prakash Ayurved Charak Sansthan Khera Dabar Najafgarh New Delhi-110073 At CBPACS campus	Coordinator Poetry (Hindi and English) Coordinator group dance	13-01-2024 & 16-01-2024

Ph.D. degree: notified by DMIHER (DU) Wardha Maharashtra- Dr Mahesh Kumar

5. Dr. Jitesh Verma

- Participated as an expert in “National Workshop on Development of Protocol for Pediatric Panchkarma” organized by the National Institute of Ayurveda, Jaipur from 15-16 September 2023.
- Successfully completed 7 days online National CME programme “SMRITI TARANGAM” on pediatric epilepsy organized by the department of Kaumarbhritya, Govt Ayurveda College, Thiruvananthapuram during 1st -8th November 2023.
- Delivered a guest lecture on “Clinical Exposure in Kaumarbhritya” during the Transitional curriculum program for BAMS students, organized by GS Ayurvedic Medical College, Pilkhuwa, Hapur, UP on 21st October 2023
- Delivered a guest lecture on “Scope of pediatric practice in Ayurved” during the Transitional curriculum program for BAMS students, organized by CBPACS on 22nd November 2023.

6. Dr. Pallavi Singh, Rasa Shastra & Bhaishajya Kalpana

Successfully completed the Training programme “Training in Self Defence Techniques” held from 18-07-2023 to 31-07-2023 by Special Police Unit for Women and children at CBPACS.

7. Dr. Shalini Prakash

- Participated in online Designing course Outcomes and outcomes-focussed questions on 04.8.2023 by InPods-EdTech
- Delivered Guest lecture on the topic ‘**Ayurvedic perspective on mental health with special reference on Alzheimer’s disease**’ in National conference on mainstreaming of Ayurveda in Primary health care held at Seminar complex, Institute of Science, BHU, Varanasi on **04.11.2023**.

- iii. Delivered a talk on **30.01.2024** as a Resource person on the topic ‘**Ayurvedic insights for the prevention of lifestyle disorders**’ at Department of Sanskrit, Zakir Husain Delhi College (Evening), University of Delhi in the six days National workshop on ‘Ayurveda and its various Dimensions’.
- iv. Participated in **Two – day Training Programme on Intellectual Property Rights (IPR) for Ayush Fraternity organized by RAV during 29th February to 1st March 2024** at CBPACS., Delhi.
- v. **Certificate of appreciation receive by the institute for coordinating the 10- days training program of self- defence** by the Directorate of NSS and the special police unit for women children (SPUWAC) Delhi Police for the female students and staff of the institute CBPACS, Delhi from **18.7.2023 to 31.7.2023**.
- vi. Attended International workshop on Subaltern Skill, its Institutions and welfare outcomes: Indian experience and its Global context on 17th February 2024.
- vii. Worked as a member of the committee in organizing the ‘Sanskara PG Orientation Program’ (Batch 2023-24) from the period 04.12.2023 to 11.12.2023.
- viii. Participated in the training of the Research project ‘Evaluation of Professional Career of Ayurveda female graduates- An Observational Exploratory study’ on 22.8.2023 at NCISM office, New Delhi.

8. Prof. (Dr.) Bharat Bhoyar

- i. Participated in the national webinar on “A sympathetic and wholesome approach in treatment of most challenging cases of Cerebral palsy & Intellectual Disability” by Speaker Dr. Snehil Makwana organized by Sitaram Ayurved Research Foundation.
- ii. Resource person for '**Transdisciplinary**' Workshop to Develop Guidelines on Managing Autism Through Ayurveda” from 20-02-2024 to 21-02-2024 organized by Department of Kaumarabhritya, All India Institute of Ayurveda (AIIA), New Delhi
- iii. Guest Speaker for the Transitional Curriculum 2023, organized by GS Ayurveda Medical College & Hospital, Pilkhuwa, Dist. Hapur, Uttar Pradesh and delivered speech on “**stress Management and capacity building Programme**” on 18/10/2023.
- iv. Guest Speaker for the Transitional Curriculum 2023: AYURVEDODDBHAV 2023, organized by Ishan Ayurvedic Medical College & Research Centre, Greater NOIDA, Uttar Pradesh and delivered speech on “Stress Management & capacity building and Future prospective of Kaumarabhritya ” on 11/12/2023.
- v. Attended Intensified Mission Indra Dhanush 5.0 Training/ Workshop on 10th July 2023 at Mata chanan Devi Hospital, Janakpuri organized by District Immunization Officer, SWD, H&FW department, GNCTD.

9. Prof. (Dr.) Arun Gupta

Prof. Dr. Arun Gupta invited as external examiner at Sri Krishna Ayush University, Kurukshetra on 25th September 2023.

10. Dr. Anup Jain

- i. Vaidya Anup Jain attended Vaidya Vimarsh CME as a ‘Guest Speaker’ on ‘Amlapitta Vyadhi Chikitsa’ at Gurugram on 27/8/23 organized by Shri Dhootpapeshwara Ltd.
- ii. Vd. Anup Jain delivered a talk on “Osteoporosis in men” in support of World Osteoporosis Day organized by AIMIL on 19th October 2023.

**6. Seminars/ Workshops/ Conference/ Symposium organized by the School /Department:
CME organized by Institute:**

SN	Title of the Event/ Activity	Date/ Duration	No. of Participants
1.	Collaboration with Charak Pharma	10 th May 2023	150
2.	Program by AIMIL Pharmaceutical	5 th September 2023	200

Departmental Seminars

Department of Panchkarma

SN	Title of the Event/ Activity	Date/ Duration	No. of Participants
1.	Charak Samhita Adhyayana Sidhi Sthana Ch.1, Kalpana Sidhi Adhyaya	28/4/23	14
2.	Presentation on Ch. 2 Ashtang Hridya Sutra Sthana “Dincharyadhyaya” by Dr. Pooja (JR2).	8/5/23	17
3.	Charak Samhita Adhyayana Sidhi Sthana Ch.2, Panchakarmiya Sidhi Adhyaya.	19/5/23	17
4.	Charak Samhita Adhyayana Sidhi Sthana Ch.3, Bastisutriya Sidhi Adhyaya.	26/5/23	17
5.	Charak Samhita Adhyayana Sidhi Sthana Ch.3, Bastisutriya Sidhi Adhyaya.	9/6/23	17
6.	Presentation of JR3 for Journal club.	24/6/23	17
7.	Presentation on “Modern concept of Rasayana (Rejuvenation therapy) and its utility in present era - A review by Dr. Divyani. (JR2)	6/7/23	17
8.	Presentation on “Role of Virechana Karma in cure & Prevention of recurrence of Vicharchika (Eczema) by Dr. Kirti (JR3)	7/7/23	17
9.	Presentation on “Management of Erythrodermic psoriasis through Ayurveda – A case report” by Dr. Ankit Dabas (JR3)	7/7/23	17
10.	Presentation on “Management of Asthimajjagata Vata w.s.r to AVN of femoral head (Stage 3) – A case study by Dr. Kusum (JR3)	8/7/23	17
11.	Presentation on “Physiological & Biochemical Changes after Vamana Karma” by Dr. Chinky (JR3)	8/7/23	17
12.	Presentation on Ch. 6 Ashtanga Hridya “Annapana Swaroop Vigyaniya” by Dr. Urvashi (JR1)	14/7/23	17

13.	Presentation on Ch. 4 Ashtanga Hridya “Roganutpadaniya” by Dr. Rakesh (JR1)	14/7/23	17
14.	Presentation on Paralysis by Dilip (Intern)	21/7/23	17
15.	Presentation on Amavata by Kalpana (Intern)	21/7/23	17
16.	Presentation of all JR1 for DRC.	28/7/23	17
17.	Presentation on “Management of Erythrodermic psoriasis through Ayurveda – A case report” by Dr. Ankit Dabas (JR3) in Mini Auditorium.	28/7/23	116
18.	Presentation on “Lichen Planus” by Aditya (Intern)	18/8/23	17
19.	Presentation on “MND” by Ashish (Intern)	18/8/23	17
20.	Presentation on Ashtanga Hridya Ch. 4 Sutra Sthana “Roganutpadaniya” Adhyaya by Dr. Rakesh (JR1).	25/8/23	17
21.	Presentation on “Ashtanga Hridya Sutra Sthana 20 (Nasya Karma Vidhi)” by Dr. Pooja (JR2).	11/9/23	14
22.	Presentation on “Ashtanga Hridya Sutra Sthana 05 (Drava Dravya Vigyaniya)” by Dr. Santosh (JR1).	15/9/23	15
23.	Discussion on “Snehana” by Dr. Chinky (JR3).	22/9/23	15
24.	Presentation on “Seasonal Herbs that can be taken daily” by M.B. Akhil (Intern).	25/9/23	15
25.	Presentation on Ashtanga Hridya Ch. 1 Sutra Sthana “Shodhanadi Gana” by Dr. Poonam Bansal (JR1)	06/10/23	17
26.	Discussion on “Physiotherapy” by Dr. Kirti (JR3)	13/10/23	10
27.	Presentation on “Role of Ayurveda in development of children” by Mohd. Taeib (Intern).	20/10/23	09
28.	Discussion on “Clinical aspects of Charak Samhita” by Dr. Prerna (JR2).	27/10/23	09

7. Awards/ Prizes / Achievements/ Scholarship/ received by Faculty:

Awards/ Prizes:

1. Prof. (Dr.) Bharat Bhojar

- Awarded studentship Program for Ayurveda Research Ken (SPARK) for 2023-24 sessions as a supervisor to the student Sh. Vishwajeet Singh. The study entitled as “To Evaluate the Relationship between Etiological Factors of Childhood Obesity and Prakriti Subtypes - A Cross Sectional Study” approved by CCRAS, Government of India.

2. Dr. Jitesh Verma

- i. Completed PhD from MGAC, Datta Meghe Institute of Higher Education and Research (DU), Wardha, Maharashtra in the subject of Kaumarbhritya.
- ii. Successfully guided two students to receive scholarships under SPARK program of CCRAS.

3. Dr. Umesh Kumar Sapra

- i. Completed Two months online certificate programme on Data Analysis using excel & SPSS - 01st November 2023 to 30th December 2023 organised by Joint Training center, DY Patil Deemed to be University, School of Ayurveda, Navi Mumbai & Institute of Applied Statistics, Kanpur in collaboration with Central council for research in Ayurvedic Sciences (CCRAS).

8. Projects/ Grants/ Consultancy received by Faculty:

1. Prof. (Dr.) Bharat Bhoyar

- i. Successfully guided and completed study on Project under SPARK program of CCRAS having i.d SPARK/7766/414 with TITLE - **“A Cross-Sectional Study to determine the prevalence of different Nidana of Shwitra Roga (Vitiligo) in Pediatric age group”** and received scholarships of Rs. 50,000/- by the student namely DRISHTI, third BAMS.

9. Awards/ Prizes/ Achievements/ Scholarship/ Projects received by students:

Project				
SN	Name of BAMS Student	Name of Guide & Department	Year	Details of Project by students
1.	Vishwajeet Singh	Prof. (Dr.) Bharat Bhoyar, Professor, Dept. of Kaumarbhritya	3 rd year BAMS (batch 2020-21)	SPARK project under CCRAS
2.	Aakash Sharma	Dr. Jitesh Verma Assistant Professor, Dept. of Kaumarbhritya		
3.	Prakalp Soni	Dr. Jitesh Verma Assistant Professor, Dept. of Kaumarbhritya	3 rd year BAMS (batch 2020-21)	SPARK project under CCRAS
4.	Ashutosh Gupta	Dr. Neeraj Kumar Joshi Assistant Professor, Dept. of Swasthavritta & Yoga		

10. Extra Co-curriculum Activities like Festivals/Annual Meets Organized by the School/Department:-

SN	Name of Event	Duration	Details of the events
1.	“AAGHAAZ” 2024	12 th to 16 th February, 2024	Annual sport and cultural fest 2024
2.	PG "Samskara" Programme	01 st to 08 th December, 2023.	Pre- Test, Herbal Garden Tour, Know your Campus: College Tour/ Hospital Tour/ Demonstration of Procedures: Office related/ Library Campus related Sanskrit Language orientation Computers Skills, BLS & First Aid, Yoga Lectures (Includes experts from CBPACS and outside) – Includes orientation lectures, personality development and goal setting Health & Hygienic. Activities including recreational activities, talent show and team building. Shishyounayan Sanskar
3.	Transitional Curriculum programme for BAMS batch (2023-24)	20 th November, 2023 to 27 th November, 2023	Pre- Test, Herbal Garden Tour, Know your Campus: College Tour/ Hospital Tour/ Demonstration of Procedures: Office related/ Library Campus related Sanskrit Language orientation Computers Skills, BLS & First Aid, Yoga Lectures (Includes experts from CBPACS and outside) – Includes orientation lectures, personality development and goal setting Health & Hygienic. Activities including recreational activities, talent show and team building. Shishyounayan Sanskar
4.	Fresher Party for BAMS batch 2022-23	01 st November, 2023	

11. Any MOU (Academic / R&D) signed by the School:

SN	Date of MOU	Details of MOU like collaborating institute etc.	Objectives of the MOU
1.	19.08.2023	Delhi Pharmaceutical Science Research University	Undertaking collaboration in the education, training and research.

12. Placement activities:

SN	Company Name	Number of Students Placed	Average Annual Package Offered
1.	Vaidya Sri Ayurveda Panchkarma & Naturopathy Hospital Pvt. Ltd.	8	3.5 to 4.5 Lakh
2.	Shree Ram Ayurvedic College and hospital, Meerut, UP	2	3.5 to 4.5 Lakh
3.	Premadhar Research Institute & Hospital	2	3.5 to 4.5 Lakh
4.	KRM Ayurveda Pvt. Ltd.	2	3.5 to 4.5 Lakh

13. Industrial visits/ educational tours undertaken during the report period:

SN	Name of Faculty	Placed	UG/PG Batch	Days
1.	Prof. (Dr.) Unnikrishanan S., Dr. Rakesh Kumar Verma & Dr. Neeraj Kumar Joshi	Water Treatment Plant, Soniya Vihar, Delhi, Water Treatment Plant, Haiderpur, Rohini, Delhi, Yoga Naturopathy Centre, Rohini, Delhi & Primary Health Center, Ujjwa, Delhi, 16 th Jan, 2024, 23 rd Jan, 2024 & 05 th Feb, 2024	UG Batch -2020-21	Education tour of 03 Days

Dr. Pallavi Singh

Guest lecturers-

- Delivered 2 guest lectures on 29.01.2024 on topic Bhaishjya Kalpna Unit II,III at Delhi Pharmaceutical Science and Research Institute, New Delhi.
- Delivered 2 guest lectures on 30.01.2024 on topic Bhaishjya Kalpna Unit IV at Delhi Pharmaceutical Science and Research Institute, New Delhi.

Hands on Training Programme-

Hands on Training programme was organized for B. Pharma (Ayu.) students of Delhi Pharmaceutical Science and Research Institute, New Delhi from 04/03/2024- 09/03/2024.

National Institute of Unani Medicine, Ghaziabad

National Institute of Unani Medicine (NIUM), Ghaziabad, has been established with a 200-bed hospital on the allotted land by the Ministry of Urban Development, Government of India, measuring 10 acres of land, which was transferred to NIUM. The total cost of the project was ₹381.42 crore. NIUM, Ghaziabad has a Hospital Block, Academic and Administrative Block, Girls Hostel, Boys Hostel, auditorium, residential quarters, Director's bungalow, Guest House. In the first phase, PG courses in 7 disciplines have been started from 2024-25 with 7 PG scholars in each Department. NIUM has a daily footfall of around 1200-1500 patients in OPD. It is also having specialized OPDs – skin, nephrology, psychiatry, Hepatol biliary, chest clinic, community medicine & geriatrics, immunology, neurology clinic, sexual disorders, obesity & nutrition. Regimental facilities, Lab facilities and OT facilities etc are also available.

1. Details of the Programme(s) offered by the Institute:

S. No	Name of the Programme	Duration	Sanctioned Intake	Total Strength (Semester wise)
1.	MD, Moalajat (Medicine)	3 Years	7	7
2.	MD, Ilmul Advia (Pharmacology)	3 Years	7	7
3.	MS, Ilmul Qabalat wa Amraz Niswan (Obstetrics & Gynaecology)	3 Years	7	7
4.	MD, Ilaj Bit Tadbeer (Regimenal Therapy)	3 Years	7	7
5.	MS, Ilmul Jarahat (Surgery)	3 Years	7	7
6.	MD, Mahiyatul Amraz (Pathology)	3 Years	7	7
7.	MD, Ilmul Saidla (Pharmacy)	3 Years	7	7

2. Programme(s) commenced during Nov 2024:

S. No	Name of the Programme	Duration	Sanctioned Intake	Total Strength (Semester wise)
1	MD, Moalajat (Medicine)	3 Years	7	7
2	MD, Ilmul Advia (Pharmacology)	3 Years	7	7
3	MS, Ilmul Qabalat wa Amraz Niswan (Obstetrics & Gynaecology)	3 Years	7	7
4	MD, Ilaj Bit Tadbeer (Regimenal Therapy)	3 Years	7	7
5	MS, Ilmul Jarahat (Surgery)	3 Years	7	7
6	MD, Mahiyatul Amraz (Pathology)	3 Years	7	7
7	MD, Ilmul Saidla (Pharmacy)	3 Years	7	7

4. Publications by faculty members:**Dr. Zoheb Alam Khan**

1. Aamna Khan, Zoheb alam Khan, Shaista Parveen, Javeria Hashmi, January 23, Evaluation of Therapeutic efficacy of Raughan e Aqarqarha along with Dalk (Massage) in the management of Irqunnasa (Sciatica), Paripex Indian Journal of Research, Vol 12, pg no 202-203.

Dr. Shaikh Ajij Ahmed Makbul

1. Shaikh Ajij Ahmed Makbul; Jahan, Nasreen; Rahman, Sayeedur. Toxicity study and antiurolithiatic activity of Ma'jūn Hajrul Yahood (a herbomineral Unani formulation) in rats.

Dr. Jamil Ahmad

1. Marghoob Ahmad, Jamil Ahmad, Abdul Azeez, Amal-i-Kaiyy (cauterization) as Haemostatic in Past and Present: A Systemic Review of Unānī literature and Contemporary Use: International Journal Of Research And Analytical Reviews : Aug 2023

f) Book chapters

Author Name	Year	Title of chapter	Title of book	Publisher
Dr. Zoheb Alam Khan	2024	Neurobics in Traumatic Brain Injury Rehabilitation: Restoring Function	Introduction to Brain and Behaviour	Akinik Publication
Dr. Zoheb Alam Khan	2024	Integrating Gamification into geriatric exercise rehabilitation	Research trends in medical Sciences	Akinik Publication
Dr. Zoheb Alam Khan	2024	Towards a Global Understanding: Investigating the burden of rheumatoid Arthritis	Integrated approaches in physiotherapy, linking innovation and tradition	Book Rivers
Dr. Shaikh Ajij Ahmed Makbul	2024	Effect of Convolvulus Pluricaulis (Shankhpushpi) and Bacopa Monnieri (Brahmi) on Aging-Related Diseases and Memory Deficits	Medicinal plants for the management of neurodegenerative diseases	CRC Press, eBook ISBN: 9781003392941

g) Any other publication

Urdu book by Dr. Shaikh Ajij Ahmed Makbul

1. Shamim Irshad Azmi, Mohd Akhtar Ali, Dr. Shaikh Ajij Ahmed Makbul “Amar al Aqaqir al Mufrada wa al Adviya Al Murakkaba” translated in Urdu and English form Arabic, published by ‘Islahi Health Care Foundation”, New Delhi’. ISBN: 9788196722524.